



**URBAN  
ADVENTURES**

**BEST. DAY. EVER.**

## **Tour Name**

---

Home Cooked Aswan

## **Tour City**

---

Aswan

## **Tour Snapshot**

---

Get a true taste for life in Aswan by sharing an authentic Nubian meal with a local family. Stroll the Nile River's Elephantine Island like a true Nubian, chat with locals about their history and traditions, and find out why the people of Aswan are famous for their friendliness and incredible hospitality!

### **Highlights**

- Enjoy a delicious home cooked Nubian meal with a local family
- Sample traditional Nubian dishes
- Learn about Nubian culture, history, traditions, and language
- Cross the mighty Nile River to reach Elephantine Island

Inclusions: English-speaking host to escort you to the family home, home cooked Nubian meal.

Exclusions: Additional food and drink, items of a personal nature, tips and gratuities for your guide.

### **Schedule details**

- Duration: 4 hours
- Meeting point:  
Isis Corniche Hotel, reception area (Corniche el Nile, 5 minutes from Aswan Centre)
- Find the exact meeting point with what3words: [///pampering.charging.whisker](http://pampering.charging.whisker)
- Starting time: 4.00 PM
- Ending point:  
Isis Corniche Hotel

### **Full Itinerary**

---

Imagine your entire village was moved from its ancestral lands because a dam was being constructed. This is the story of the Nubians in Southern Egypt, who were relocated to in the 1960s to the area around Aswan city.

On this Aswan tour, you'll have the opportunity to not only eat delicious home cooked Nubian food, but also have the privilege of learning about the people, culture, history, and traditions of Aswan. We'll visit a Nubian family in their home and experience some traditional hospitality. As a guest, you're welcome to ask as many questions as you like! Learn about their lives and culture, and about the different Nubian tribes living around Elephantine Island.

Your Home Cooked Aswan tour will take you on a stroll around Elephantine Island before settling in for a shared meal with a local family. The styles and colours of the homes in this community cannot be found anywhere else in Egypt, so you'll want to keep your camera ready!

Then, after we've walked and explored, it's time to eat! The types of dishes you'll be offered are among the most favourite delicacies for Nubians. You might get to sample dishes like Bird's Tongue Soup (don't worry, there are no tongues involved), or maybe some rice with vermicelli, oven-cooked chicken, Nile perch, and mixed vegetables. But no matter what's on the menu, be

aware that Nubians like to eat a lot — so be prepared and come hungry!

Following recent safety incidents we recommend that you check your government's advice for their latest information on travelling in Egypt before your departure and ensure that your travel insurance covers you for all areas of your itinerary. We have links to prominent government travel advisories and regular updates on issues affecting this trip on our Travel Alerts page - [www.intrepidtravel.com/au/travel-alerts](http://www.intrepidtravel.com/au/travel-alerts).

### **Additional information**

Inclusions: English-speaking host to escort you to the family home, home cooked Nubian meal.

Exclusions: Additional food and drink, items of a personal nature, tips and gratuities for your guide.

Dress standard: As you will be visiting a home within a conservative culture, please cover your shoulders and wear pants or a skirt that go below the knee.

Your Trip: For your Urban Adventure you will be in a small group. There may be other travelers dining with you and the family.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher

Child Policy: This is a child-friendly tour. Children under the age of 11 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 11. You can do so in the special request box on the checkout page.

### **Local contact**

Office phone number: +20 3303 4801

Email address: [info@aswanurbanadventures.com](mailto:info@aswanurbanadventures.com)