



## Tour Name

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Total Bali Food Tour: Rice Terraces & Eat Street

## Tour City

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Bali

## Tour Snapshot

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This Total Bali Food Tour will literally take you from farm to feast, starting with a visit to a local food market, a trek through the rice terraces, and finishing with a street food adventure packed with local flavours! You'll learn about the ancient irrigation system that farmers still use today, and then sample traditional local dishes like *babi guling* and *soto ayam* at the best shops in town. This tour combines two of our favourite tours, and makes for a great afternoon and night out on Bali.

### Highlights

- Learn about the biodiversity of the rice fields and their importance to Balinese culture
- Explore a local food market
- See a *subak* agricultural temple not typically visited by tourists
- Trek through stunning rice fields, crossing five small rivers
- Dig into delicious Indonesian cuisine just like the locals do, on Seminyak's Eat Street

- Sample local flavours like *babi guling* and *soto ayam*
- Try a homemade dessert cooked on hot coals (we recommend the banana and chocolate!)
- Travel in a fully modified 1980 VW Kombi limo
- Experience two great Bali tours in one fantastic combo

Inclusions: Local English-speaking guide, bottle of water on arrival, meals as per itinerary (1 soto ayam per person, shared babi guling dish, 1 dessert), beer or soft drink after the trek, VW Kombi transportation to markets and from end of trek to Eat Street.

Exclusions: Additional food and drinks, souvenirs and items of a personal nature, tips/gratuities for your guide.

### **Schedule details**

- Duration:6 hours
- Meeting point:  
Bali Urban Adventures office (Kampoeng Peti Kemas, Jl Raya Kedampang, Kerobokan)  
Behind Seminyak, our office is located in the only shipping container on the whole road which is a main road between Jl Tekumar and into Denpasar  
[View on Google Maps](#)
- Find the exact meeting point with what3words: [///afflict.riverbed.keepers](https://www.what3words.com/afflict.riverbed.keepers)
- Starting time: 3.30 PM
- Ending point:  
Eat Street. Your guide will arrange a taxi for you back to your hotel or to your next destination.

### **Full Itinerary**

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Our Bali Total Food Tour will whisk you away from the tourist track and introduce you to real local life — through its food! This tour combines two of our top-selling Bali tours ([Hidden Rice Terraces Trek](#) and [Local Eat Street Tour](#)) for one epic adventure.

We'll kick off our adventure with a visit to a large bric-a-brac antiques warehouse, followed by a walk through the local market, where your guide will explain how local businesses operate. Then we'll make our way to the rice terraces of Kerobokan that define the country's agricultural industry. Here, your guide will explain how the *subak* irrigation system works — it's an ancient irrigation system, having first been introduced by Hindu priests when they arrived on Bali over 1,200 years ago, but is still very much in use today. The *subak* system is about so much more than just watering plants, though. It creates ecosystems for new life, and is bound by the community's temples, where water priests honour the relationship between humans, the Earth, and the gods.

You'll learn more about this relationship with a visit to a local *subak* temple, a gathering place for farmers. We'll walk from here in to the expansive rice fields of Kerobokan, where we'll begin our trek of about two to three kilometres (wear comfy shoes that you don't mind getting wet!).

The local farmers here don't just grow rice, but also tomatoes, beans, bananas, eggplant, chilies, corn, sugar cane, and water snails. The rice fields themselves are home to a number of aquatic species, including frogs, fish, crabs, and snails — it's the perfect little ecosystem, and you'll have a better understanding of how it all works together.

After our trek, we'll be met by our driver, who will take us back to the starting point. Here, you'll be able to change out of your trekking clothes and into something more comfortable for wandering the street stalls of the local Bali 'Eat Street' at night. There's no rush, though, so take a break on our large deck and watch the sun set over the rice fields before we head out in our VW Kombi limo for our feast.

Our first stop will be a local roadside *warung* (café) famous for its *babi guling* (roisserie-cooked suckling pig). Your guide will order for you a shared dish for two people and explain all that appears on the plate before you — which will have maybe five or six different elements. Don't forget to buy some pork crackling!

From there, it's back into the VW Kombi and we'll head to the largest local Eat Street in Bali, tucked just behind the major tourist area and easy to get to — but oh-so local! We'll start at the top of the street, where your expert guide will escort you through the numerous small *warungs* and stalls, picking out things for us to eat as we go.

The street here is jam-packed with motorbikes and cars, and the later it gets, the busier it becomes; we go a little early to make sure we can get into the places we want. Of course, your guide is also an expert on local food, and will explain to you the food and traditions of what is on offer.

On arrival, your guide will explain all the places that are available for eating here — far too many for one night! The good news, though, is we always share dishes on a night like this, so you'll have lots of room to try it all.

We start out in what is actually a car park by day but a fantastic eating place at night that is home to the yummiest *soto ayam* (chicken noodle soup) in the area. This is one of Indonesia's most famous national dishes.

Walking along the main street, you'll learn about all the different culinary influences on offer: Javanese, Sumatran, Sulawesi, Japanese and Thai/Indonesian fusion. You'll learn about traditions like *ikan and ayam bakar* (barbecued fish and chicken typically enjoyed with beer and a side of music!).

If you like spice (or think you do), then we can stop at a small place specialising in Japanese fusion, where there's a chili challenge that goes up five levels to "inferno" with the world's hottest chilies!

Or, if you need an energy boost, how about an energy-filled dessert, Indonesian-style! You'll see "Joss Milk" sold all over the country, which is an Indonesian energy powder you mix with milk. Believe it or not, it goes amazingly well with our favourite desert, which we're going to grab at a small *warung*. This place is famous for its dessert made from a crumpet-style batter cooked in an earthenware pot over hot coals. Choose from the top 10 list or design your own; our favourite is Toblerone, banana, ice cream and cheese.

The prices are cheap all long Eat Street, so if you decide you want to buy some more treats, you can pick up some extras for about USD\$1-2. (How much can you try in one night?!)

Your guide (now your best foodie friend on Bali) will assist you with finding a taxi for your trip back to your hotel (or to the next stop for your night out). And now that you have the keys to Bali's local Eat Street, you can come back on your own to try even more local dishes.

*Directions to meeting point: From Jl Kerobokan heading north, turn right at the lights known as LIO corner (Jl. Petitenget is on your left). You will now be travelling toward Denpasar on Jl. Tekumar. Turn left at the next lights into Jl. Mertasari and follow this road — it runs straight to our office in about 3-4 kilometres.*

*Need a taxi to get to the meeting point? Our local guides in Bali recommend the [Blue Bird taxi app](#) as the easiest way to get around.*

### **Additional information**

Inclusions: Local English-speaking guide, bottle of water on arrival, meals as per itinerary (1 soto ayam per person, shared babi guling dish, 1 dessert), beer or soft drink after the trek, VW Kombi transportation to markets and from end of trek to Eat Street.

Exclusions: Additional food and drinks, souvenirs and items of a personal nature, tips/gratuities for your guide.

Dress standard: Please wear (or bring) running shoes or river sandals that you don't mind getting wet. For the evening, you may want a different pair of comfortable walking shoes. Males should avoid wearing singlets/tank-tops.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 10 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Additional Information: Other languages such as French, Italian, Spanish, Portuguese, Russian, Chinese, and Japanese Korean can be catered for on request, at extra cost, if the tour is booked as private or with a minimum of 5 travellers in a group.

Child Policy: Children between the ages of 6 and 12 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are not permitted on this tour. Please note that the food on this tour will be a very local experience with no "kids' meals" available.

### **Dietary Notes**

We will do our best to accommodate any dietary requirements. If you have any allergies or other food requests, please let us know at the time of booking. You can do so in the 'Additional information' box at checkout. Please also remind your guide at the beginning of your tour.

### **Local contact**

Office phone number: +(84-8) 3547 1214

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