



## Tour Name

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Private Cinque Terre: Tasting Cinque Terre

## Tour City

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Cinque Terre

## Tour Snapshot

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Explore the iconic Cinq Terre with all five senses as we embark on an afternoon adventure that will introduce you to some of the best food and drink in the region (pesto! wine! calamari! The list goes on... ) *and* we'll show you where our favourite places are to soak up swoon-worthy vistas of the five towns as they meet the Mediterranean sea. We'll spend time exploring (and munching our way around) the stunning towns of Monterosso and Riomaggiore and we'll gaze adoringly at the remaining three towns from the bough of the local ferry. Go on, tick the Cinq Terre off your bucket list with us and do it right!

*This tour is priced for a minimum group size of two travellers. A solo traveller may still book this private experience but will be charged the base rate for two travellers.*

### Highlights

- Taste some of our favourite Ligurian and Tuscan wine and craft beer too!
- Hop on the ferry for a scenic cruise along the Cinq Terre coastline, taking in mesmerising views of the tumbling cliff-top villages of Corniglia, Vernazza and Monarola

- Sample the region's signature dish, pesto, made from the finest basil in the world!
- Treat your tastebuds to the finest foccaccia in Monterosso
- Enjoy a simple but delicious antipasti platter and a glass of wine as you admire the picturesque town of Riomaggiore from a sun-drenched terrace

Inclusions: Local, English-speaking guide, foccaccia bread, pesto & olive oil tasting, one craft beer, fried vegetables calamari, shrimp and white fish, salumi, cheese, wine, anchovy and bruschetta

Exclusions: Additional food and drinks, souvenirs and personal shopping, one way ferry ticket from Monterosso to Rio Maggiore (currently 12 euros per person), tips/gratuities for your guide

### **Schedule details**

- Duration:3 hours
- Meeting point:  
At the front of Hotel Pasquale – Via Fegina 4, Monterosso  
View on [Google Maps](#)
- {label-what3words-location}
- Starting time: 3.00 PM
- Ending point:  
Train Station of Rio Maggiore

### **Full Itinerary**

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Your Cinq Terre tour will begin in the most accessible of the five towns, Monterosso. Enjoy a walk around this local village with an expert local guide who will talk to you about the history of the area. Once we have carefully set the scene, your Italian food adventure can begin! Our first stop will be at a delicatessen to taste pesto, a famous Italian sauce made from basil. Why pesto? Because this is the birthplace of pesto! Locals say that the basil grown here is the best in the world because the growing conditions are so perfect.

We will take a look at some of the other foodie delights on offer too, including 100% Ligurian pasta (it has a special shape unique to this area, known as a 'trofie' which goes very well with Genovese pesto, trust us!). We shall also try a delicate extra virgin olive oil called 'Taggiasca' named after the typical olive of the area. This olive oil's delicate flavour is perfect with fish. Finally we'll try some craft beer made by locals using top quality products, grown locally – hops, malt and yeast.

Our next tasting will be at the mouth-wateringly monikered 'Foccacia' Where we will try foccacia, a typical Ligurian bread made with melted cheese. See a selection of other typical breads too, featuring delicate olives of the region, anchovy and tomato. Locals say that the foccacia baked here is the best in the entire north west!

Our ferry awaits at the port in Monterosso. Our destination is the beautiful village of Riomaggiore, however this is definitely one of those times where the journey is pretty much as good as the destination itself! Prepare to be wowed by the colourful clifftop villages as they tumble down into the glittery blue sea below. This may very well be one of the most picturesque boat rides of your life! We will pass by the towns of Vernazza, Corniglia and Monarola, with your guide by your side to give you a bit of background on each one.

Upon arrival in Riomaggiore, we'll head over to our favourite spot for streetfood and try lightly fried local fish (including calamari, shrimp and white bait) alongside seasonal vegetable-like zucchini flowers.

Next up, we'll take a stroll through the Via del Amore to arrive at a pretty terrace that overlooks the village. Here we will stop to feast on an assortment of tasty Ligurian treats such as olives, anchovies, mozzarella, salumi and local wine. The options may vary from time to time, depending on what is available fresh that day, but no matter what's served, it's sure to be delicious!

After you've filled up on Italian hospitality, your Cinque Terre tour continues with a short walk uphill towards the pretty church of Riomaggiore, which overlooks the rugged coastline. We will stay here for awhile, savouring the views and allowing time to capture that perfect, dreamy instagram shot!

After that, we will head back to the Riomaggiore train station, where your tour will end. If you wish to stay in the area for a bit longer to continue your exploration, your guide would be happy to make some recommendations. He or she can also advise you on the best way to get back to your accommodation too. Before you go though, don't forget to ask for more tips on what else to

see and do in this beguiling Italian region.

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### **Additional information**

Inclusions: Local, English-speaking guide, foccaccia bread, pesto & olive oil tasting, one craft beer, fried vegetables calamari, shrimp and white fish, salumi, cheese, wine, anchovy and bruschetta

Exclusions: Additional food and drinks, souvenirs and personal shopping, one way ferry ticket from Monterosso to Rio Maggiore (currently 12 euros per person), tips/gratuities for your guide

Dress standard: Please wear closed, flat, comfortable shoes and casual attire

Your Trip: THIS IS A PRIVATE TOUR

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Additional Information: You should be in good physical condition to visit the Cinque Terre, paths can be steep and there can be a lot of steps too. If there are heavy winds the ferry will not run. When this happens, we'll hop on the train instead.

Child Policy: This is a child-friendly tour. Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

### **Dietary Notes**

We can accommodate vegetarians and other dietary restrictions. Please notify us in advance if you have any dietary requests. You can do so in the 'Additional information' box at checkout, or by emailing us at [info@cinqueterreurbanadventures.com](mailto:info@cinqueterreurbanadventures.com)

### **Local contact**

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