



Tour Name

Gran Canaria Total Tour: Behind Las Canteras & Wild Las Palmas Hike

Tour City

Gran Canaria

Tour Snapshot

This comprehensive Las Palmas day tour highlights the local side of Las Palmas and shows you the best undiscovered gems the city has to offer. You'll visit busy Las Canteras beach, dive into local neighbourhoods, and check out a wild nature park. Forget the tourist trail and spend your day like locals do! Start with a Canarian breakfast and explore the hidden side of the Las Canteras area. Walk all the way to the north to discover La Isleta nature park, and hike to a rocky beach to have a delicious picnic surrounded by nature.

Highlights

- Get to know two distinct sides of Las Palmas: busy Las Canteras and undiscovered, local favourite La Isleta
- Discover hidden gems behind Las Canteras Beach and learn how the area has dramatically changed over the last few decades
- Enjoy the breathtaking panoramas of moon-like La Isleta nature park and Gran Canaria's north coast
- Hike to rocky El Confital Beach and fall in love with the great outdoors

- Fill up on some of the best local specialities during an epic Canarian breakfast and picnic lunch, all made from local ingredients

Inclusions: Local English-speaking guide, breakfast, snack, coffee, beer/soft drink, water, lunch in the form of a beach picnic.

Exclusions: Additional food and drink, souvenirs, gratuities.

Schedule details

- Duration: 6 hours
- Meeting point:
In front of the Church of the Holy Christ (Iglesia del Santísimo Cristo) at Olof Palme Street (Olof Palme, 9).
View on [Google Maps](#).
- Find the exact meeting point with what3words: [///opposing.candy.gears](http://opposing.candy.gears)
- Starting time: 10.00 AM
- Ending point:
Mercado del Puerto (calle Albareda 76)

Full Itinerary

This tour combines two of our most popular Gran Canaria tours: [Behind Las Canteras](#) and [Wild Las Palmas Beach Picnic](#), to make up one perfect day out!

Your epic day in Gran Canaria's colourful capital starts in the Las Canteras area, famous for having one of the best urban beaches in Europe. Canarians love Las Canteras Beach as much as tourists do, but they spend their time in that area a little differently. So we suggest leaving the pack behind and joining us to hang out with the locals!

Fuel up for your adventure with a typical Canarian coffee and delicious local breakfast at one of our favourite places. Get to know hidden gems of the area, including local squares, street art, and markets that most tourists don't even notice or ever end

up visiting.

On the way, you'll learn about the city's past and the locals who have changed the area's history, but about whom no books have been written. You'll feel the slow pace of local life when passing by a picturesque urban garden, Plaza de Farray, and finally Mercado del Puerto.

Just a few metres behind busy Las Canteras beach you'll discover quiet, locally loved La Isleta, once a dodgy port village that is now becoming a hip, exciting part of town. We'll take a walk along the coast and enter wild and rough La Isleta nature park where you'll be surprised at how rapidly the landscape changes, from busy city life to uninhabited moon-like terrain.

While in the area we'll make a stop at El Confital Beach, loved by skilled surfers and bodyboarders from around the world. We're willing to bet you might be getting hungry by this point, so we'll stop to enjoy a picnic made from local ingredients, sitting by a rocky beach enjoying views out to sea.

Finally, we'll walk back along the coast, admiring the stunning landscapes of the hilly and wild northern coast of Las Palmas and Gran Canaria.

Before you go, don't forget to tap up your local guide for the latest happenings in Gran Canaria, to ensure you get the most out of your trip.

Additional information

Inclusions: Local English-speaking guide, breakfast, snack, coffee, beer/soft drink, water, lunch in the form of a beach picnic.

Exclusions: Additional food and drink, souvenirs, gratuities.

Dress standard: Wear comfortable clothes and shoes (such as sneakers, but trekking shoes are recommended). Also be sure to bring sunscreen, a hat, and a bottle of water in a small backpack. Have rain protection in the winter months.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Child Policy: This is a child-friendly tour. Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

Dietary Notes

We can accommodate vegetarians and other dietary restrictions. Please notify us at least one day in advance if you have any dietary requests. You can do so in the 'Additional information' box at checkout, or by emailing us at info@grancanariaurbanadventures.com.

Local contact

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