



## Tour Name

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Quito Sweet & Culinary Experience

## Tour City

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Quito

## Tour Snapshot

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Discover the colonial flavours of Quito on this culinary tour packed with sweet treats, mouth-watering pastries, and tasty tamales. Meet artisan bakers and talented cooks, admire the heritage-filled architecture of Quito, explore a local market, and learn the secrets to making Ecuadorian favourites in an informal cooking class in the home of a local family where there's always something going on in the kitchen!

### Highlights

- Visit one of the oldest bakeries in Quito to see Ecuadorian-style quesadillas being made
- See traditional sweets being created in a historic, family-owned business
- Visit a local market and shop for the ingredients for our cooking class
- Learn how to make tasty tamales and delicious empanadas in a local home

Inclusions: Local English speaking guide, transportation, all meals as indicated in the itinerary.

Exclusions: Items of a personal nature, tips / gratuities for your guide, additional food.

### **Schedule details**

- Duration: 6 hours
- Meeting point:  
Hotel Quito Lobby: Av. González Suárez N27 142 y Gonzalez Suarez.
- Find the exact meeting point with what3words: [///spend.weep.pylon](https://www.what3words.com/?w3w=///spend.weep.pylon)
- Starting time: 8.30 AM
- Ending point:  
Hotel Quito, Av. González Suárez N27 142 Y Gonzalez Suarez

### **Full Itinerary**

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Taste the unique flavours and meet the local faces of Quito on this culinary tour through the sweet spots of this fair city. Start the morning by joining your guide on a visit to one of the city's most traditional food markets, and browse among the stalls for the products you'll be using later in your cooking class. From there, we'll visit one of the oldest bakeries in the city, and see how the iconic *quesadilla* is made. We'll sample traditional flavours that have been perfected over generations!

Next, travel through the backstreets and lesser-known neighbourhoods of Quito as we head to the home of one of the most admired cooks in the old city. Get ready for a fun and interactive cooking class in an amazing little kitchen!

Try your hand at making delicious *tamales*, *pristinos*, and *empanadas* — three culinary classics that can be found in most food markets, cafés, and restaurants throughout South America. Finish the day with a head full of culinary knowledge and a full stomach!

This is a great companion tour to the [Quito Market Discovery tour](#), which takes you through the north of the city.

## **Additional information**

Inclusions: Local English speaking guide, transportation, all meals as indicated in the itinerary.

Exclusions: Items of a personal nature, tips / gratuities for your guide, additional food.

Dress standard: We suggest wearing comfortable clothing, a warm jacket, comfortable shoes, and a hat.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Additional Information: Quito's climate is variable so it is recommended to use sun block for sunny days. Please bring your camera because you're sure to have special memories.

Child Policy: Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children below the age of 6 are not permitted on this tour.

## **Local contact**

Office phone number: +593-9-78632818

Email address: [info@quitourbanadventures.com](mailto:info@quitourbanadventures.com)