



## Tour Name

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Ghetto & Trastevere in a Bite

## Tour City

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Rome

## Tour Snapshot

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Get off the beaten path in Rome and join an expert local guide on a food tasting tour of Trastevere and the Jewish Quarter. From espresso and wine, to handmade pasta and fried artichokes, you'll be filling up on all sorts of local favourites while admiring incredible architecture and discovering some hidden gems only a local guide can show you.

### Highlights

- Fall in love with Rome's stunning suburbs, including the Jewish Quarter and Trastevere
- Wind along narrow streets, stopping at bakeries and gelaterias to try the best food the city has to offer
- Admire beautiful architecture, from the old to the more modern
- Discover the story of the Jewish community in Rome and the legends in Trastevere's history, from your local guide

Inclusions: Local, English-speaking guide, espresso coffee, fried artichoke, plate of handmade pasta with a choice of two or

three different sauces, suppli with a glass of wine.

Exclusions: Additional food and drinks, souvenirs and personal shopping, tips/gratuities for your guide.

### **Schedule details**

- Duration:3 hours
- Meeting point:  
L'Antica Salumeria - Piazza della Rotonda 4,00186 Rome  
  
View on [Google Maps](#).
- {label-what3words-location}
- Starting time: 10.30 AM
- Ending point:  
Piazza Trilussa, 00153 Rome

### **Full Itinerary**

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After meeting your expert local guide at Piazza della Rotonda in front of the iconic Pantheon, you'll head to a local coffee roaster that has been in business since 1938. Here you'll enjoy an espresso just how the Romans drink it.

Next, we'll take a walk through the labyrinth of alleyways along cobblestone streets to arrive in the Quartiere Ebraico, the Jewish Quarter. Along the way, we will pass the Portico d'Ottavia and Piazza Mattei and see the many kosher restaurants and Jewish owned businesses. We'll stop at one of these locations to taste one of the oldest recipes in Rome, a crispy fried artichoke that was traditionally prepared to celebrate the end of the Yom Kipper fast and the holiest day of the year in Judaism.

We will then visit the oldest Jewish bakery in the area where five generations have been baking original sweet and savoury kosher treats. Along the way, we'll stop to learn about the Stumbling Stones, memorials to the Jews who were arrested on October 16, 1943, during the Nazi occupation of Rome.

We'll then arrive in the picturesque and quaint district of Trastevere. Pass by some of the city's important churches including Santa Cecilia built upon ruins of an ancient Roman house. Continue walking along cobblestone streets to reach the Piazza Santa Maria in Trastevere, the heart of the neighbourhood and a great place to witness everyday life in Rome.

It's time to tantalize our taste buds at a local street food stop for some true Roman pasta – handmade and fresh where you can choose from cacio e pepe (made with Pecorino Romano and black pepper), carbonara, or arrabbiata (pasta in a spicy red sauce). This is one of the most local street food places in town where we'll also meet the owner, Alessio, who will welcome us into the kitchen.

After filling up on pasta, we'll head toward Piazza Trilussa, one of the most popular spots in Trastevere where you can see local street artists and buskers.

At our last foodie stop, we'll try local suppli. Suppli is a delicious fried rice ball similar to arancini. Enjoy the pop of flavors accompanied by a glass of fresh, crisp wine from the region at internationally acclaimed Trapizzino from Roman pizza guru Stefano Callegari.

From here, you can walk back to the city centre over the Sixtus Bridge or head back into Trastevere to continue exploring this stunning Roman suburb.

### **Additional information**

**Inclusions:** Local, English-speaking guide, espresso coffee, fried artichoke, plate of handmade pasta with a choice of two or three different sauces, suppli with a glass of wine.

**Exclusions:** Additional food and drinks, souvenirs and personal shopping, tips/gratuities for your guide.

**Dress standard:** Comfortable clothing if you would like to enter inside any of the churches that we pass by in Trastevere you will be required to cover shoulders and knees

**Your Trip:** For your Urban Adventure you will be in a small group of a maximum of 12 people.

**Confirmation of booking:** If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

**Child Policy:** This is a child-friendly tour. Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

**Dietary Notes**

We can accommodate vegetarians and other dietary restrictions. Please notify us in advance if you have any dietary requests. You can do so in the 'Additional information' box at checkout, or by emailing us at [info@florenceurbanadventures.com](mailto:info@florenceurbanadventures.com)

**Local contact**

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