



Tour Name

Gastronomy Trek: From Hesar to Dashtak

Tour City

Shiraz

Tour Snapshot

That famous Iranian hospitality is in full effect on this tour that goes beyond the city and into a local village. Hike the mountains of the Hesar region, then settle in for a traditional Iranian meal with a welcoming family and new friends.

Highlights

- Find some serenity in the fresh mountain air beyond Shiraz
- Challenge yourself by trekking the hills into a local village
- Experience the truest form of Persian hospitality with a home cooked meal with a local family
- Learn about the history, flora, and fauna of the Iranian countryside

Inclusions: Local English-speaking guide, transportation, lunch with a local family.

Exclusions: Tips/gratuities for your guide, small gift for the local family who will be hosting us for lunch.

Schedule details

- Duration: 8.5 hours
- Meeting point:
In front of the main entrance of the Tomb of Hafez. Your tour guide will be holding a sign with the Urban Adventures logo.
View on [Google Maps](#).
- Find the exact meeting point with what3words: <///backs.nappy.geology>
- Starting time: 7.30 AM
- Ending point:
Tomb of Hafez

Full Itinerary

Your Shiraz tour will take you beyond Shiraz, but before we leave the city, we'll meet at Hafez's tomb, the memorial site of one of Iran's most beloved poets. Here we'll briefly introduce ourselves and get to know each other a bit before heading out in our car towards the picturesque mountains and hills of the Hesar region, approximately 80 kilometres northwest of Shiraz. This region combines beautiful scenery, fresh mountain air, and that ever-famous Iranian hospitality!

We'll hike through the beautiful hills and mountains for about three and a half hours, while your tour guide tells you about the local history, and the regional flora and fauna. Finally, we'll walk through wooded areas that provide vital income to the local residents in Dashtak.

No doubt hungry from all that hiking, we'll then visit with a local family in a small village, and enjoy a traditional Iranian lunch. You'll get to chat with the family and learn more about local life in this part of Iran.

Following our hearty lunch, we'll return to Shiraz by car — don't worry if you fall asleep on the ride! We have a feeling that naps will definitely be required!

Please note that it is Iranian custom to bring a small token of thanks when you are a guest in someone's home, and it will be greatly appreciated by our hosting family. (If it's possible, bring something small from your country — the more personal the better!)

Additional information

Inclusions: Local English-speaking guide, transportation, lunch with a local family.

Exclusions: Tips/gratuities for your guide, small gift for the local family who will be hosting us for lunch.

Dress standard: Please wear proper walking shoes and bring some warm clothing, as the village is often much cooler than in the city. Both men and women should avoid wearing shorts; women must wear long-sleeved shirts (no t-shirts or tank tops/singlets!). Please also bring a daypack, your camera, and sunscreen.

Your Trip: For your Urban Adventures tour, you will be placed in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Child Policy: Travellers under 13 years of age are not permitted to join this tour.

Local contact

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