



## Tour Name

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Breakfast with Sofia

## Tour City

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Sofia

## Tour Snapshot

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Shake off your jetlag (or hangover) with an early mini-food fest in Bulgaria's capital. Load up on traditional pastries, sweets and drinks all made by local masters and designed to fuel a day of sightseeing in Sofia.

### Highlights

- Start your day like a real local resident of Sofia
- Enjoy a famous banitsa with ayryan in a local snack bar
- Sample fresh fruits and vegetables from a street market
- Taste the best baklava in Sofia and drink it down with the unique local drink 'boza'
- Explore Sofia's best sights, such as the biggest open air book market, the University, Parliament, and Hagia Sofia Church

Inclusions: Local English-speaking local guide, samples of several types of banitsa, ayryan, boza, and a piece of baklava.

Exclusions: Items of personal nature, additional food or drink, tips or gratuities for your guide.

### Schedule details

- Duration: 3 hours
- Meeting point:  
Alexander Nevski Cathedral
- Find the exact meeting point with what3words: [///staring.elevator.sank](https://www.what3words.com/?w3w=staring.elevator.sank)
- Starting time: 9.00 AM
- Ending point:  
Slaveikov Square

### Full Itinerary

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Want to start your day as real Bulgarian? Look no further! Here's your opportunity to eat breakfast with the fine city of Sofia and its welcoming citizens on a unique, local food tour of Sofia.

Start your Sofia tour at one of Sofia's icons – Alexander Nevski Cathedral. After a brief introduction, we'll head over to a typical Bulgarian snack bar. Along the way, we'll visit local symbols, including Hagia Sofia Church, a 6<sup>th</sup> century church and site full of energy and mystery. We'll also catch Sofia University, Parliament, and the statue of King Libertador, all of which are the main icons of Bulgarian history in Sofia.

By this point, we know you'll want breakfast – perfect, we do too! We'll taste plenty of Sofia food - Bulgarian banitsa, combined with ayryan, as Bulgarians normally do in the morning. Banitsa is delicious small pastry prepared from dough and cheese and sometimes meat or nettle, and is unique to Bulgaria and the Balkans. The ayryan is prepared from yogurt and gives the final touch to the breakfast.

Satisfied with our local breakfast, we'll continue on this Sofia walking tour along the narrow streets, which are part of Old Sofia and exude centuries of rich history. The streets leads us to Graf Ignatiev Street, home to a famous market where you may buy fresh fruits and vegetables, or taste baked nuts or delicious snacks, as local do. It is a market on the street with many stalls, which all compete for shoppers' attention, so you'll experience a real lively atmosphere!

From there on this Sofia food tour, we'll make our way to a famous pastry shop that prepares the best traditional Bulgarian desserts. Along the way, we'll encounter the biggest open-air book store in Bulgaria, and a favourite meeting point for many locals.

In the pastry shop we will taste a sweet and delicious dessert - baklava. We may also have the chance to try tolumbichka, cream-cake, or other sweets. As is customary, we'll combine the sweets with another unique beverage for the region - boza. Bottoms up!

### **Additional information**

Inclusions: Local English-speaking local guide, samples of several types of banitsa, ayryan, boza, and a piece of baklava.

Exclusions: Items of personal nature, additional food or drink, tips or gratuities for your guide.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Child Policy: Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children below the age of 6 are not permitted on this tour.

### **Local contact**

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