



**URBAN  
ADVENTURES**  
BEST. DAY. EVER.

## Tour Name

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Taipei Night Market Food Tour

## Tour City

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Taipei

## Tour Snapshot

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What's that? You've never really had Taiwanese food before? Well, step this way! This Taipei food tour in Ningxia Night Market gives you the local lowdown on the scrumptious cuisine that is Taiwanese. Chow down on some fried yam balls or pork leg rice, or nibble on some taro balls, slurp some herb soup, and devour plenty of oyster pancakes to finish. All this and the hustle and bustle of one of the best markets in Taipei – welcome to Asia!

### Highlights

- Om nom nom your way through the Ningxia Night Market in Taipei!
- Discover hundreds of delicious Taiwanese dishes, from soups to scrummy pork, delicacies to old favourites
- Learn all about Taiwanese food from an local guide
- (Optional) Take the BIZARRE FOOD CHALLENGE

Inclusions: Local English speaking guide, plus the following food options; Main Meals: Oyster Omelet, Shrimp fried rice, Pan

fried dumpling (choose one) Snacks: Sweet potato balls, Salt Pepper Chicken (choose one) Desserts or drinks: Bubble tea, Peanut roll ice cream (choose one) Bizzard food challenge: Stinky tofu, Pig blood cake (choose one) The tour guide will introduce all the food above to you and then you can decide what to eat.

Exclusions: Additional food or drink, items of a personal nature, tips / gratuities for guides.

### Schedule details

- Duration: 2 hours
- Meeting point:  
Exit 1, MRT Shuang Lian Station
- Find the exact meeting point with what3words: [///wanting.ticket.testing](http://wanting.ticket.testing)
- Starting time: 6.00 PM
- Ending point:  
MRT Shuanglian Station

### Full Itinerary

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Come on this Taipei food tour with an open mind and a ready stomach, because once you catch sight of Ningxia Night Market, you'll be drooling! Have your taste buds at the ready for this Asian food adventure with a local, the perfect opportunity for you to learn all about Taipei food (as well as eat plenty of it, of course). Plus, this area is full of incredible street food vendors, so it's worth sticking around after the tour to make sure you don't miss a single bite.

To give you a taste of what's in store for you at Ningxia Night Market, we'll give you a few examples of mouth-watering dishes you'll find there, just the whet your appetite. You'll be given plenty of yummy options to choose from. Perhaps you want to get your chops around some fried yam balls to start, or maybe you'd like to try some *karasumi*, or mullet roe, which is made from the eggs of mullet fish, baked until rosy red and considered a delicacy in Taiwan. If you're into some more traditional meat, try some tender pork leg served with rice and shrimp soup, or a chicken roll with rice and barbeque sauce, packed with flavour.

If you have more of a vegetarian persuasion, never fear! There's so much at Ningxia Market for you, too. There is a vegetarian stall that sells all kinds of things - a popular choice is sticky rice with mushrooms, or perhaps you'd like to hit up some

Taiwanese tofu dishes. You can also pick up some taro balls with egg, served from one of the most popular stands in the market, or maybe just some simple yet scrumptious rice balls, boiled in sugar soup and served up with peanut or red bean soup to balance out the sweet flavours. If you feel like even more soup after that, why not a bit of a mix of everything together and order yourself some herb soup, which is especially good after you've eaten a lot and want to give your digestive system a bit of relief. Yam or taro balls are added to this herb soup to create a traditional Taiwanese dessert (it might sound weird for dessert, but you should definitely try it!).

We'll end the tour with a bizarre, yet memorable, food challenge. If you dare to try three of the local delicacies we pick for you, you'll get a special reward at the end of the tour!

With a local to guide you through Ningxia Night Market in Taipei, you'll not only get to try all the delectable dishes on offer, you'll also learn about the local connection in the market. Discover Taiwanese food from the perspective of a local, with an expert who will be able to give recommendations, explain the significance of the dishes in Taiwanese culture, and give you an experience above and beyond the usual in Taipei.

### **Additional information**

Inclusions: Local English speaking guide, plus the following food options; Main Meals: Oyster Omelet, Shrimp fried rice, Pan fried dumpling (choose one) Snacks: Sweet potato balls, Salt Pepper Chicken (choose one) Desserts or drinks: Bubble tea, Peanut roll ice cream (choose one) Bizzard food challenge: Stinky tofu, Pig blood cake (choose one) The tour guide will introduce all the food above to you and then you can decide what to eat.

Exclusions: Additional food or drink, items of a personal nature, tips / gratuities for guides.

Dress standard: Smart/casual clothing.

Your Trip: This tour is offered on a "join-in" basis. Maximum group size is 10

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Child Policy: Children and teens under 15 years of age are not permitted on this tour.

### **Local contact**

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