



## Tour Name

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Taste of Tbilisi

## Tour City

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Tbilisi

## Tour Snapshot

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We hope that you're hungry! This culinary tour is all about the best Georgian comfort food; we'll enjoy a hearty and traditional meal together, learn about local food traditions, take part in a tea tasting ceremony and drink a special toast to Georgia the way the locals have been doing for centuries. Foodies rejoice, this is the Tbilisi food tour that you've been searching for!

### Highlights

- Taste the traditional staples of Georgian cuisine; such as *khinkali* (dumplings) and a selection of delicious cold appetizers, washed down with a glass of local wine or maybe *chacha*
- Experience a unique Georgian tea tasting
- Visit foodie heaven, a gastronomic shop full of spices and cheeses, and discover the city's best edible souvenirs to take home for friends and loved ones!
- Stroll the backstreets of the charming Old Town and spot some hidden gems you'll want to visit later

Inclusions: Local English-speaking tour guide, lunch with khinkali (local kind of dumplings stuffed with meat or cheese), cold appetizers, a glass of local wine or a shot of chacha, Georgian tea tasting

Exclusions: Additional food and drink, items of a personal nature, tips and gratuities for the guide

### Schedule details

- Duration: 3 hours
- Meeting point:  
In front of Hotel Ambassadori by the Berikaoba sculpture on Baratashvili Street; 17 Ioane Shavteli St.  
View on [Google Maps](#)
- {label-what3words-location}
- Starting time: 3.00 PM
- Ending point:  
Bitadze Tea Shop, 15 Galaktion Tabidze St

### Full Itinerary

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Food might seem like just an ordinary thing that we require daily for survival, and it is, but the Georgians know how to make every single meal a unique and fun social occasion! For centuries, traditions of toast-making, food sharing and slow cooking have been kept alive by enthusiastic local cooks. Today, we're going to experience a meal, Georgian-style and tap into their particular brand of hospitable magic.

Georgia's cuisine is a unique fusion of Middle Eastern, Persian and other influences. It can be characterized by an abundance of fresh green herbs, vegetables, garlic, walnuts, different kinds of bread, cheese and generous meat dishes. Our tour will begin with an introduction to Georgian cooking with a stop at one of our favourite little gastronomic stores, where we'll explore the eclectic assortment of spices and cheeses and talk about the origins of traditional Georgian food.

Next, we will stroll the backstreets of the Old Town towards a restaurant that's popular with the locals for its traditional cuisine. Here we'll dine on *khinkali* (dumplings filled with meat and steaming broth), Georgian salad and vegetable *pkhali* (crushed aubergine/spinach/beetroot with walnut and garlic paste) which we will wash down with a glass of local wine or even *chacha* (a

type of strong, local brandy) if you're brave enough.

Our final stop is a museum/shop that focuses on all things 'tea.' You will learn about local tea drinking traditions and we'll also discuss the growing revival of tea-drinking in Georgia while we indulge in a tea ceremony. Our host will share his fascinating stories about his work and his life growing up in Tbilisi.

Your tour ends here but if you wish to continue your food and drink adventure, your guide will be able to recommend more stops to keep those hunger and thirst pangs at bay. Before you go, don't forget to ask for more tips on what else to see and do in Tbilisi while you're in town.

### **Additional information**

**Inclusions:** Local English-speaking tour guide, lunch with khinkali (local kind of dumplings stuffed with meat or cheese), cold appetizers, a glass of local wine or a shot of chacha, Georgian tea tasting

**Exclusions:** Additional food and drink, items of a personal nature, tips and gratuities for the guide

**Dress standard:** Please wear comfortable walking shoes for sightseeing on foot. In the summertime (from May to September) it is highly recommended to wear sunscreen and a hat to protect yourself from direct sunshine.

**Your Trip:** For your Urban Adventure you will be in a small group of a maximum of 6 people.

**Confirmation of booking:** If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

**Child Policy:** This is a child-friendly tour. Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

### **Local contact**

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