



## Tour Name

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Chiang Mai Off-Grid Food Adventure

## Tour City

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Chiang Mai

## Tour Snapshot

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Chiang Mai is a city that's crazy for cuisine. Locals here love flavors that smack you in the face, from the spiciest salads to the creamiest curries. But within the old town walls, it can feel like every restaurant is serving the same old spring rolls — that is, unless you know where to go. Our old town Chiang Mai food tour will take you around the Thapae, Suandok, and Changphuak Gates, showing you where the locals really like to eat. With our local guide by your side, you'll duck down alleyways and into hidden restaurants, chat with food cart owners, and taste authentic northern Thai dishes from spots that locals love.

## Highlights

- Discover the best food in Chiang Mai, hidden down the back alleys of the city's old town district
- Sample dishes such as Khao Soy, a traditional egg noodle soup-like curry at secret shops that only #localsknow
- Taste of northern Thailand's culinary scene and the ISAN influences, follow by icy pinky milk dessert to cool down the food day
- Have a local guide show you where to eat during the rest of your days in Chiang Mai

Inclusions: Local English-speaking guide, local food and desserts at each food stall/local restaurant, local transportation during the tour.

Exclusions: Additional food and drinks, souvenirs and personal shopping, tips/gratuities for your guide.

### **Schedule details**

- Duration: 2.5 hours

- Meeting point:

We will meet you at the main entrance to the Imperial Maeping Hotel near the Brahma shrine.

View on [Google Maps](#)

The Imperial Maeping is closed for renovations from July 2019-December 2020. The meeting point is outside the main entrance near the street.

- {label-what3words-location}

- Starting time: 11.00 AM

- Ending point:

The Imperial Maeping Hotel; from there your guide can help you to secure local transportation back to your hotel at your own cost.

### **Full Itinerary**

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Chiang Mai's old city is the prettiest place in town — and also the best area for grabbing delicious Thai food. But with all the tourist restaurants in the 'hood cooking mediocre *Khao Soy* and bland *Som Tum* for backpackers, it can be hard to find the good stuff if you don't know where to look. That's where we can help! With our local guide by your side, we can help you discover the hidden spots where the food is authentic and locals love to eat.

Let us take you on the ultimate local tour that'll make all your foodie dreams come true. This Chiang Mai food tour will lead you to some of the best hidden restaurants and street food stalls inside the moat walls — and all within easy walking distance of the Thapae, Suandok, and Changphuak Gates. Our local, food-obsessed guides will share with you their handpicked all-time favorite spots. We'll introduce you to the places that only locals know about, tucked down back alleys, in quiet corners, and even hiding in plain sight, invisible to most tourists who walk past!

Try the most famous *Khao Soy* in town, followed with a towering sundae topped with chocolate and cornflakes (!) at a dessert shop frequented by local students. Or escape the old town altogether and hop aboard a *Songthaew* (those iconic red trucks) to the spiciest Som Tum (spicy papaya salad) you've ever tasted, hidden away in the residential neighborhood of Changphuak.

Some of our guides' favorites that might be on your tour include:

- Isan-style *Som Tum* is a spicy papaya salad made not just from papaya, but also from other fresh vegetables and fruits such as cucumber salad, pomelo salad, and mango salad
- A bowl of the most famous *Khao Soy* in Chiang Mai
- Towering dessert of Sugary Ice Milk from a shop that's always packed with local students

Note: this tour changes daily depending on what shops are open and what culinary stories your guide will tell — but no matter what, you'll walk away from the day stuffed with delicious Thai food!

### **Additional information**

Inclusions: Local English-speaking guide, local food and desserts at each food stall/local restaurant, local transportation during the tour.

Exclusions: Additional food and drinks, souvenirs and personal shopping, tips/gratuities for your guide.

Dress standard: Chiang Mai can be extremely hot, so please wear lightweight, cool clothing.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Additional Information: While walking through the markets or street stalls, please do not step over any food that is put on the floor, as this is a cultural no-no. Food stalls and snack options will vary from tour to tour depending on the time of day and each

guide's individual recommendations

Closure of sites: If a food stall we plan to visit is closed, we can easily find another one that's just as delicious!

Child Policy: This is a child-friendly tour. Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

### **Dietary Notes**

This tour can be customized to accommodate dietary restrictions. Please notify us in advance if you have any dietary needs. You can do so in the 'Additional requests' box at checkout, or by emailing us at [info@chiangmaiurbanadventures.com](mailto:info@chiangmaiurbanadventures.com). Please also notify your guide at the start of your tour.

### **Local contact**

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