



URBAN
ADVENTURES
BEST. DAY. EVER.

Tour Name

Patan Bites and Sights

Tour City

Kathmandu

Tour Snapshot

Food and sightseeing combine for a fun afternoon of exploring the ancient city of Patan. Join an expert local guide for a scenic walk around the city while tasting local delicacies along the way – what could be better? Patan boasts age-old art, traditions, and rich Newari culture and should definitely be in your travel plans if you find yourself in Kathmandu.

Highlights

- Stroll around the narrow alleys of the scenic city of Patan
- Explore the ancient sights of the city tucked away in Patan's nooks and corners
- Sample a variety of local dishes as you walk around exploring the city
- Visit the intricately built Patan Durbar Square and get an insight into its architecture and history

Local Impact: How you will help the local community by joining this tour:

- By taking visitors to the UNESCO World Heritage-listed Patan Durbar Square, we educate guests about culture, history, and architecture of Patan.
- All the food stops in this tour are at local, family-owned eateries and the money spent here directly supports them financially.

Inclusions: Local English-speaking guide, transportation, food and drinks as mentioned in the itinerary, entrance fees.

Exclusions: Tips/gratuities for your guide.

Schedule details

- Duration: 5 hours
- Meeting point:
Hotel Marshyangdi, Chaksibari Marg, Thamel, Kathmandu
View on [Google Maps](#).
- Find the exact meeting point with what3words: [///spaceship.panoramic.sands](https://www.what3words.com/s/ spaceship.panoramic.sands)
- Starting time: 11.00 AM
- Ending point:
Hotel Marshyangdi, Chaksibari Marg, Thamel, Kathmandu
View on [Google Maps](#).

Full Itinerary

After meeting up with your guide and fellow travelers, we'll have a short car ride to reach Patan. Our tour of this ancient city begins with a visit to Rudravarna Mahavihar, one of the centuries-old monasteries that dot the city. Then work up an appetite as you walk along a section of the local market street where you'll find everything from shoes and clothes to statues and utensils being sold. Our first food stop will be a sweet shop popular with locals for malpua, a local deep-fried sweet.

We will then head to magnificent Patan Durbar Square, a UNESCO World Heritage Site filled with palaces, temples, shrines, and sculptures – all excellent examples of Newari architecture. Immerse yourself in the history and art of this stunning palace square and hear stories from your guide about how this town was built, and how the kings and queens of a bygone era lived.

After exploring the square, it's time for more food! Your guide will take you to places that locals love for their delicious Newari food. The Newari are the predominant ethnic group in Patan, as well as in Kathmandu and Bhaktapur. Gratify the foodie-adventurer in you with bara (lentil-flour patties) and aalu (potato curry) at one eatery, and stop for some delicious yomari (steamed sweet rice-dumpling) at another.

After filling yourself with sweet and savory Newari dishes, resume your heritage walk to Hiranya Varna Mahavihar, another beautiful monastery, albeit different from the previous one you saw. These types of monasteries have a deep significance in Newari culture, and you'll observe how the locals revere these shrines.

End your tour with a plate of momos – for what tour in Patan would be complete without enjoying some of these delicious little dumplings?

Additional information

Inclusions: Local English-speaking guide, transportation, food and drinks as mentioned in the itinerary, entrance fees.

Exclusions: Tips/gratuities for your guide.

Dress standard: When packing be aware that dress standards are conservative throughout Asia, especially outside major cities. To respect this and for your own comfort, we strongly recommend modest clothing. This means clothing that covers your shoulders and knees. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. In many rural areas in Asia women will need to wear modest clothing even to swim. Singlets, tank tops and topless sunbathing are all unacceptable. When visiting religious sites men often need to wear long trousers and women a long skirt or sarong.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Additional Information: The food provided on the tour is a mix of vegetarian and non-vegetarian food. Should you wish to only have vegetarian food, simply inform your guide at the beginning of the tour. There may be a slight change of itinerary according to opening times of eateries along the way and depending on how crowded they are. Also, please bring comfortable walking shoes, and your own water-bottle.

Child Policy: Children below the age of 12 are not permitted on this tour.

Dietary Notes

We can accommodate vegetarians. Please notify us in advance if you are a vegetarian, or if you have any allergies. You can do so in the 'Additional information' box at checkout, or by emailing us at info@kathmanduurbanadventures.com

Local contact

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