



## Tour Name

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Women-Led: Balkan Tastes & Culture on London's South Bank - Private Tour

## Tour City

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London

## Tour Snapshot

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Enjoy an authentic Balkan food and culture adventure, within the heart of London! Join guide Ella, an Albanian woman from the social enterprise Women in Travel, as she guides you through the flavours, cultures and traditions of her homeland and neighbouring Balkan countries.

### Highlights

- Sample authentic Balkan treats like jams, kofte, baklava and coffee
- Learn about the shared culture and traditions of the Balkan countries, as well as the differences between them
- Stroll along the River Thames and learn the Balkan connection to iconic London landmarks like the Tate Modern and Shakespeare's Globe
- See the city of London through a new immigrant's eyes

## Local Impact: How you will help the local community by joining this tour:

- Your tour is run in partnership with Women in Travel, a social enterprise that enables underprivileged women to access employment and entrepreneurship. 15% of all ticket sales go directly to Women in Travel.
- Your guide, Ella, arrived in London two years ago from rural Albania. She is now working as a tour guide thanks to the support of Intrepid Urban Adventures and Women in Travel.

Inclusions: English-speaking Albanian guide, food and drink samplings (wine tasting, bread and cheese meze, Turkish coffee, baklava, kofte and cacik).

Exclusions: Tips/gratuities for your guide, additional food and drink, personal shopping.

## Schedule details

- Duration: 2.5 hours
- Meeting point:  
Blackfriars Station (Southbank Exit). South Bank, London.  
  
View on [Google Maps](#).
- Starting time: Various
- Ending point:  
TAS Restaurant, 72 Borough High Street.

## Full Itinerary

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Your guide, Ella, will take you for a stroll along London's South Bank, beside the River Thames. You'll spot famous sites like St. Paul's Cathedral, the Tate Modern and Shakespeare's Globe, and learn about Balkan connections to these London landmarks.

We'll stop for a picnic along the river and sample traditional Balkan delights sourced from local independent vendors in nearby Borough Market. Try some Balkan wine from a family-run wine-seller, paired with a bit of meze like delicious Croatian cheese and homemade jam. While we enjoy our snacks, we'll discuss Balkan traditions and everyday life to the tune of Albania's folk

music.

We'll finish our tour with a flashback to the Ottoman Empire and taste the impact it had on Balkan cuisine, in the form of a traditional Turkish coffee. Your dessert will be a sweet treat paired with a bit of fortune and fun!

Says Ella, "I started in rural Albania as someone who had little chance of studying and working or doing much else outside their village and household. I am proud that I can now take control of my life and make it the one I was dreaming of as a young child. People here know a little about the Balkans, but I'm looking forward to sharing more about our tradition and culture."

### **Additional information**

Inclusions: English-speaking Albanian guide, food and drink samplings (wine tasting, bread and cheese meze, Turkish coffee, baklava, kofte and cacik).

Exclusions: Tips/gratuities for your guide, additional food and drink, personal shopping.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Cancellation Policy: Cancellations more than 2 days before departure will receive a full refund. Cancellations within this period attract a 100% cancellation fee.

Child Policy: This is a child-friendly tour, however, please note that guests must be 18+ to participate in the wine tasting. Children ages 6 and above are permitted on this tour at the regular adult rate listed above. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

### **Dietary Notes**

Please notify us in advance of any food allergies or dietary restrictions. You can do so in the 'Additional request' box at checkout.

### **Local contact**

Office phone number: +44 7500 166 678 / +44 7900 186 476

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