



Tour Name

Women-Led: Online Moroccan Tea Ceremony with Traditional Cookies

Tour City

London

Tour Snapshot

Learn to make authentic Moroccan cookies from scratch and experience a Moroccan tea ceremony in your own home! Join guide Kaoutar, a Moroccan woman from the social enterprise Women in Travel, as she virtually welcomes you into her London home for an interactive virtual baking class. Learn about Moroccan culture, practice some common phrases and discover the secrets behind Moroccan mint tea!

Note: Your start time will be in local London time. Please remember to check the corresponding start time for your time zone. Your email confirmation will be in London time.

[Time zone converter >](#)

Highlights

- Learn how to make traditional Moroccan cookies

- Brew your own Moroccan mint tea and see how to add a bit of magic to each cup
- Have a conversation about Moroccan culture and traditions with your host
- Enjoy moments of genuine human connection from the comfort of your own home

Local Impact: How you will help the local community by joining this tour:

- Your tour is run in partnership with Women in Travel, a social enterprise that enables underprivileged women to access employment and entrepreneurship. 15% of all ticket sales go directly to Women in Travel.
- Your guide, Kaoutar, arrived in London from Morocco 8 years ago. She is now working as a tour guide thanks to the support of Intrepid Urban Adventures and Women in Travel.

Inclusions: English-speaking Moroccan guide.

Exclusions: Ingredients and supplies for baking and tea ceremony (you will receive a shortlist of products via email, ahead of your experience).

Schedule details

- Duration:45 minutes
- Meeting point:
From the comfort of your own home.

Your tour's start time will be in local London time. Please remember to check the corresponding start time for your time zone. Your email confirmation will be in London time.

- Starting time: 6.00 PM, 7.00 PM
- Ending point:
In your home.

Full Itinerary

For the cookies, you will need the following ingredients and supplies:

- 150g almond flour
- 75g sugar
- 1 egg
- 1 tsp baking powder
- 1 tsp peach jam (peach is the traditional jam for these cookies, but you can use your favourite jam)
- 2 tsp rose water or 1 tsp vanilla
- 1 pinch of salt
- Icing sugar or sliced almonds for decoration
- 1 medium bowl
- 2 small bowls
- 1 plate
- baking paper/parchment paper
- baking tray or large baking dish (anything that is oven-safe)
- serving plate

For the tea ceremony, you will need the following:

- kettle or teapot

- sugar (amount based on taste)
- fresh mint: 1 or 2 sprigs in glass or 5-6 sprigs in the teapot
- loose-leaf green tea: 1 tsp for light, 2 tsp for strong

Additional information

Inclusions: English-speaking Moroccan guide.

Exclusions: Ingredients and supplies for baking and tea ceremony (you will receive a shortlist of products via email, ahead of your experience).

Your Trip: For your online Urban Adventures experience, you will be in a small Zoom group of a maximum of 6 people.

Confirmation of booking: At the time of booking, you will receive an invitation to the Zoom meeting. Multiple guests may participate from one device.

Cancellation Policy: Cancellations more than 2 days before departure will receive a full refund. Cancellations within this period attract a 100% cancellation fee.

Additional Information: For this experience, you will need access to a computer, tablet or smartphone with a stable internet connection.

Child Policy: Children ages 6 and above are permitted on this tour at the regular adult rate listed above. This experience is not suitable for children under the age of 6.

Dietary Notes

Please notify us in advance of any food allergies or dietary restrictions. You can do so in the 'Additional request' box at checkout.

Local contact

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