



Tour Name

Private Merida: Home Cooking Yucatan Style

Tour City

Merida

Tour Snapshot

Book this private Merida tour to discover a produce market not many tourists visit, pick up some Spanish (and Mayan) lingo, learn how to cook regional delicacies, and eat dishes made with your own hands — all with your very own private guide leading the way

This tour is priced for a minimum group size of two travellers. A solo traveller may still book this private experience but will be charged the base rate for two travellers.

Highlights

- Immerse yourself in market life as you explore Merida's less touristy marketplaces
- Indulge in the tastes and flavours of Yucatan
- Shop for locally sourced produce and learn the tricks of the Mexico market trade
- Join a local in their home and taste delicious local dishes made with your own hands

- Work with a chef to whip up treats such as *salbutes*, *panuchos*, *papadzules*, *codzitos*, *lemon soup*, and more

Local Impact: How you taking this tour will benefit the local community:

- The home you visit for your cooking class uses the organic waste they get from this tour to make compost.
- Buying products directly from producers in developing countries at a fair price (as you do on this tour) is a more efficient way of promoting sustainable development than traditional charity and aid.
- Your tour also benefits the grandmother of one of the local guides who is the one that gives your cooking class. Her life has improved greatly thanks to this job.

Inclusions: English Speaking local guide, public transportation, ingredients for all dishes, cooking session at a local family home.

Exclusions: Taxi to return to your hotel. Items of a personal nature, tips / gratuities for your local guide.

Schedule details

- Duration: 5-6 hours
- Meeting point:
At the lobby of Caribe Hotel (Calle 59 x 60 in the corner of Hidalgo Park).
- Find the exact meeting point with what3words: [///shot.reaction.typhoon](https://www.what3words.com/shot.reaction.typhoon)
- Starting time: 1.00 PM
- Ending point:
The tour will finish at the family house for the cooking lesson. You will be responsible for your transportation back to Merida, and a taxi is recommended.

Full Itinerary

Polish up your cooking skills on a private Merida tour that takes you from market to table... literally! We'll kick off your delicious Mexican food experience by taking you to a market that's always filled with locals – tourists hardly ever set foot here, giving you authentic local life on this tour right from the get go. Your local guide will explain to you the kind of fruits and vegetables only produced in this region, such as *achiote*, *pepita de calabaza*, and *chile habanero*. We'll give you the real market experience as we shop for the meal we're going to prepare. Watch how the locals around you buy food for their own cooking, and learn all about Mexican market customs and culture.

Yucatan cuisine is one of the most varied in Mexico, and the next part of your Merida food tour will give you the chance to cook it, and eat it, of course! While we prepare our food, your host and guide will explain some of the traditions of the locals, the influence of other cultures on the food of Yucatan, and the differences between the Yucatecos and people from other parts of Mexico. Learn some Spanish and Mayan words while the food is being prepared and while you taste the delicious pates of yumminess as they are served. We'll try dishes like *salbutes*, *panuchos*, *papadzules* or *codzitos*, and sip on *horchata* or hibiscus flower tea. With a belly full of delicious, authentic food and drink, we'll say goodbye to new friends and end this mouth-watering Merida experience.

(If you'd prefer to travel as part of a regular group experience, please book our [Merida Home Cooking Yucatan Style group tour](#).)

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Additional information

Inclusions: English Speaking local guide, public transportation, ingredients for all dishes, cooking session at a local family home.

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Dress standard: Latin Americans can be very conscious of appearance so try to be casual but conservative in your dress. Outside of beach areas halter tops and very short shorts should not be worn. When visiting churches or religious sites shoulders and knees should be covered.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Child Policy: Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children below the age of 6 are not permitted on this tour.

Local contact

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