



Tour Name

In Focus: The Resilient Women of Kenya

Tour City

Nairobi

Tour Snapshot

Spend an incredible day with some inspiring women who are overcoming hardship and turning their lives around, thanks to a unique social enterprise. Get to know these resilient women and hear their stories as you gain insight into what it means to be a woman in Kenya, and how they are overcoming adversity to create a brighter future for themselves and their families.

Highlights

- Learn how One Horizon Africa is helping Kenyan women build brighter futures
- Visit with a group of Kenyan women who are turning their lives around from debilitating poverty
- Hear inspirational stories from locals over a cup of tea or coffee
- Make a traditional Maasai wristband as a memento of your trip
- Feel good knowing that all net proceeds from this tour will go directly to One Horizon

Inclusions: Local English-speaking guide, roundtrip transportation from your hotel, unlimited bottled water, 1 tea or coffee, light snacks, Maasai wristband memento.

Exclusions: Additional food and drinks, souvenirs and personal shopping, tips/gratuities for your guide.

Schedule details

- Duration: 7.5 hours
- Pickup location:
Your Nairobi Hotel
- {label-what3words-location}
- Pickup time: 9.00 AM
- Drop off location:
Your Nairobi Hotel

Full Itinerary

Your Nairobi tour will whisk you away from your hotel (in air conditioned comfort) to the rural township of Ngong Hills, where we'll visit with a local community of women who are on a vocational and lifestyle retraining program. These women were once on the streets with their families, but are now participating in an 18-month program to give them the skills they need to build better lives.

Over a cup of tea or coffee you'll hear their inspiring stories. The women use storytelling as a way to leave the past behind and look forward to the future, and you'll be left in awe. You'll also get to tour the centre where the women are learning how to empower their lives and start their own businesses.

After a light lunch with the women, we'll take a short trip to the countryside, to an area known as Kiserian, the traditional homeland of the Maasai. Here you'll meet one of the graduates from the program who now owns her own home and runs a small business.

In the shade of an Acacia tree, your host Peri will give insight into what being a Maasai woman means, with all its rituals and

obligations. You'll become immersed in the culture of the Maasai as Peri tells her story, partly through traditional verse and song. She will recount her journey from living in open fields with her children, to now being fully self-sufficient. While you're here, you might also catch a glimpse of herds of cows and goats being moved by the Maasai tribesmen.

Before you leave, you'll get to participate in making a traditional Maasai wristband to take home with you as a memory of your day.

By the end of the day you'll have visited two local communities most travellers never get to see. Not only that, but you'll also get to connect with locals, hear their stories, see how they live, and gain a greater understanding of the strength of the Kenyan people.

Additional information

Inclusions: Local English-speaking guide, roundtrip transportation from your hotel, unlimited bottled water, 1 tea or coffee, light snacks, Maasai wristband memento.

Exclusions: Additional food and drinks, souvenirs and personal shopping, tips/gratuities for your guide.

Dress standard: Please wear light, casual, comfortable clothing.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at your hotel for pick up. Please check your hotel details are correct on the voucher. If your details are not correct, it is very important to please email us to confirm your correct pick up hotel using the contact details on the voucher. If you prefer you may also phone the change through to us during business hours.

Child Policy: This is a child-friendly tour. Children between the ages of 6 and 11 inclusively are permitted on this tour at the rate listed above. Please select 'child' above when booking. Children under the age of 6 are permitted to join this tour free of charge. Please inform us at the time of booking if you'll be bringing a child under the age of 6. You can do so in the special request box on the checkout page.

Local contact

Office phone number: +254 202585067

Email address: info@nairobiurbanadventures.com