



## Tour Name

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Total Rio Bike Tour: Beaches, Bays & Carioca Sunset

## Tour City

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Rio de Janeiro

## Tour Snapshot

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From Copacabana to Ipanema, Sugarloaf to downtown, this Rio bike tour shows you all the city sites you can see on two wheels! Prepare to burn mega calories as you spend the day cycling all over Rio de Janeiro. Learn about the city's development, see Olympic sites, explore a garden oasis, discover great architecture and street art, and watch the sunset from a lookout point that's loved by locals.

### Highlights

- Get a total tour of Rio on two wheels as you cycle from the beaches to the bays to the city centre
- Learn about Rio de Janeiro's development, from downtown all the way to Copacabana
- Get great views of the city's landmarks, such as Sugarloaf Mountain, Guanabara Bay, and Rodrigo de Freitas Lagoon
- See Rio's Olympic sites like the Museum of Tomorrow and the amazing Kobra mural
- Bike along the world-famous Ipanema, Arpoador, and Leblon beaches

- Watch the sunset from Arpoador Rock and find out why locals love to come here
- Experience two of our top Rio de Janeiro tours in one great combo

Inclusions: Local English-speaking guide, bike and helmet rental, Botanical Garden entrance fee.

Exclusions: Lunch and any other food and drinks, items of a personal nature, tips/gratuities for your guide.

### **Schedule details**

- Duration: From 8.5 to 9 hours
- Meeting point:  
Copacabana Palace Hotel? – Avenida Atlântica, 1702 – Copacabana, Rio de Janeiro – RJ, 22021-001 – Right by the statue outside the hotel!
- Find the exact meeting point with what3words: [///partner.angel.pushed](https://www.what3words.com/?q=///partner.angel.pushed)
- Starting time: 9.00 AM
- Ending point:  
Dorival Caymmi statue.

### **Full Itinerary**

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This Rio bike tour combines two of our top-selling Rio de Janeiro tours into one epic adventure! You'll get to experience our [Beaches, Views & Bays Bike Tour](#) as well as our [Carioca Sunset Bike Tour](#) all in one day. Are your pedalling legs ready?

You'll meet your local guide in Copacabana for a great bike ride through the beach and bays first, all the way to downtown and back, as you learn how Rio de Janeiro expanded from its first settlements.

We start biking throughout Copacabana Beach to reach the neighbourhood and bay of Botafogo, where you'll be able to frame Sugarloaf Mountain like no other spot in the city. It's a stunning view of this unique mountain rising right up from the bay.

Moving ahead on this Rio tour, you'll ride up along the coast of Flamengo Beach and Park, a jewel created by Burle Marx, the master of landscape design, and a spot where locals love to hang out. The bike lane zigzags under the trees there, allowing you to enjoy the city and bay views as we go.

We then reach downtown, where we'll ride past the MAM (Museum of Modern Art), to cross to Cinelandia Square. There we'll ride along Rio Branco Avenue, which used to be the busiest street in Rio and has been recently redesigned for the 2016 Summer Olympics.

We follow the downtown area through to Praça XV Square, taking a new path that surrounds the neighbourhood and leads to the Museum of Tomorrow. We'll make a few stops for some great photo ops, including a view of the huge Niteroi Bridge. Along the way, you'll also get to spot some of Eduardo Kobra's stunning work on Olympic Boulevard. Kobra's work is an extremely colourful graffiti mural that's some 2,600 square metres in size and represents the native people of each continent.

Then, it's time to cycle back to Copacabana and recharge our batteries for the afternoon ride! We will stop for a light and healthy lunch (at your own expense).

Fuelled up, we'll head off again from Copacabana, cruising along the majestic Ipanema Beach. Explore the streets, people-watch in one of the city's most scenic locations, and learn how this neighbourhood has been inspiring artists for decades. Then, leave the beach behind as you cycle through the picturesque Allah's Garden, towards the massive Rodrigo de Freitas Lagoon, known simply to locals as the *'lagoa.'*

We'll stop by the lagoon's entertainment area to enjoy a refreshing coconut water break and soak up the atmosphere of this popular spot. Once you're refreshed, we'll cycle over to the botanical gardens, where you can jump off your bike to enjoy a walking tour. Admire the stunning imperial palms, learn more about the garden's history, and admire the vast orchid collection in the greenhouse.

Then, jump back on your bike and cycle through the bohemian Baixo Gavea, returning to the seaside as we explore Leblon Beach. You'll get a photo-worthy moment when we admire the great beach view from Leblon's lookout point.

We'll cruise along the coast a bit more, passing by Ipanema Beach before reaching Arpoador Beach, where you'll understand why the sunset is so special here. Finally, we'll ride back through Girl from Ipanema Park to reach Copacabana once again, where your Total Rio Bike Tour comes to an end.

### **Additional information**

Inclusions: Local English-speaking guide, bike and helmet rental, Botanical Garden entrance fee.

Exclusions: Lunch and any other food and drinks, items of a personal nature, tips/gratuities for your guide.

Dress standard: Please wear comfortable clothes and shoes appropriate for biking, and bring sunscreen and water. A helmet will be supplied for you.

Your Trip: For your Urban Adventure you will be in a small group of a maximum of 12 people.

Confirmation of booking: If you have your voucher, your booking is confirmed. We'll see you at the start point. Get in touch if you have any concerns or require more information via the email address or phone number (business hours only) on your voucher.

Additional Information: This tour burns about 4,000 calories (we love a good workout!), so be sure to have a proper breakfast before you come.

Child Policy: Travellers under 12 years of age are not permitted to join this tour.

### **Local contact**

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